

Dear clients and families,

Parent to Child and Therapy Associates continues to monitor the COVID-19 pandemic and the recommendations regarding participation in community and social events. At this time, there are no restrictions placed on therapy services or other small businesses and services. We plan on maintaining our therapy schedules until further notice.

We are actively engaging in recommended cleaning strategies and wipe down all major surfaces and door handles between clients. We are monitoring our own health and will cancel appointments if we experience signs of illness and ask that you do the same.

We believe that ongoing therapy is critical to the health and wellbeing of all of us, especially in the present circumstance and will do everything that we can to maintain continuity of care. We are able to provide telehealth (video therapy services through computer or smart phone) through our Simple Practice management software.

Telehealth continues to be an emerging format for therapy and has benefits as well as significant drawbacks, especially for our younger clients. We will continue to seek out options for creative engagement in therapy through this critical time.

In addition to trying to maintain continuity of care, we will be publishing articles and information that we find to be helpful and supportive for the emotional wellbeing of all. We welcome your questions and thoughts and want you to turn to us for guidance regarding the heightened anxiety that this is inevitably causing.

Do not hesitate to call or email with questions or concerns. (215)644-9176

Warmly,

Kathryn Snyder, ATR-BC, LPC, PhD candidate

Founder/Director, Parent to Child and Therapy Associates

And, the Parent to Child Therapy team: Kristen, Antonia, Lilah and Stefanie